Unit 6 — Friends and Feelings — Teacher copy

Track E · Klasse 6 · Niveau E

Niveau E

1. Vocabulary

Match each item to its meaning or use it in a sentence.

Term	Your note
happy	
sad	
tired	
excited	
proud	
nervous	
scared	
angry	
jealous	
calm	
surprised	
disappointed	
embarrassed	
grateful	
frustrated	
content	
overwhelmed	
focused	

2. Reading

Read the text and use it for the activities below.

Vocabulary — feelings (richer)
happy, sad, tired, excited, proud, nervous, scared, angry, jealous, calm, surprised, disappointed, embarrassed, grateful, frustrated, content, overwhelmed, focused.

Grammar — *because* / *so* / *although*
because + reason:

- *I'm tired **because** I went to bed late.*

so + result:

- *I went to bed late, **so** I'm tired.*

although + contrast:

- ***Although* I went to bed late, I am not tired.**

Asking *How are you?*

- *How are you? / How are you doing? / How's it going? / How was your day? / Are you OK? / How are things?*

3. Practise

Niveau E — controlled

1. Match: happy — :), sad — :(, surprised — :O, tired — zzz.
2. Fill in *because*, *so*, *although*: I'm hungry _____ I didn't eat. He's tired, _____ he is going to bed. ___ I am tired, I am happy.

Niveau E — productive

3. Build 6 sentences with *because*, *so*, and *although* (two each) about your real day.

4. Your turn

Pair speaking — *Today's Mood (Niveau E).* 2 min each. Use 4 feelings + 1 *because* + 1 *so* + 1 *although*.

Sample

— I'm a bit nervous because we have a maths test. — Although I'm tired, I am also proud — I worked hard last week, so today's test feels less scary.

5. Further reading / listening

- BBC Learning English — *Feelings and emotions*.
- ChildLine UK — accessible articles.

6. Teacher answer key

Controlled. 1. all true.

2. because / so / Although.

Productive. 3. Open.