Unit 5 — Daily Routines — Teacher copy

Track E · Klasse 6 · Niveau E

Niveau E

1. Vocabulary

Match each item to its meaning or use it in a sentence.

Term	Your note
get up	
wake up	
brush my teeth	
get dressed	
have a shower	
have breakfast	
leave home	
take the bus	
start school	
have a break	
have lunch	
finish school	
do homework	
have dinner	
watch TV	
read	
go to bed	

2. Reading

Read the text and use it for the activities below.

Vocabulary — daily routines (richer)
get up, wake up, brush my teeth, get dressed, have a shower, have breakfast, leave home, take the bus, start school, have a break, have lunch, finish school, do homework, have dinner, watch TV, read, go to bed.

Grammar — present simple + sequence words
Sequence: *first, then, after that, before, afterwards, finally.*

- *First I get up. Then I have breakfast.*
- *After that I take the bus.*
- *Before bed I read for ten minutes.*

Grammar — object pronouns

Subject	Object
I	me
you	you
he	him
she	her

Subject	Object
it	it
we	us
they	them

- *Sam helps me. I see her at the bus stop. Can you give him the book?*

3. Practise

Niveau E — controlled

1. Subject → object: I → ___ ; he → ___ ; we → ___ ; they → ___ .
2. Sequence fill-in: ___ I get up. ___ I have breakfast. ___ I leave home.

Niveau E — productive

3. Build 6 sentences about your morning routine using 5 different sequence words.

4. Your turn

Pair speaking — *Routine Swap (Niveau E)*. 90 sec each direction. Cover morning, school, evening + one sequence-word phrase per turn. Report back to a different pair using object pronouns.

Sample

— First I get up at 6:30. Then I have breakfast with my brother — I help him with his maths. After that we walk to school together.

5. Further reading / listening

- BBC Learning English — *Daily routines vocabulary*.
- British Council Kids — *My day*.

6. Teacher answer key

Controlled. 1. me / him / us / them.

2. *First / Then / Finally* (or similar).

Productive. 3. Open.