



Unit 6 — Food Cultures

Track E · Klasse 7 · Niveau E

Learning objectives

- *I can read a short narrative about a family dish and identify what makes it meaningful beyond taste.*
- *I can describe a recipe using imperatives and basic quantifiers.*
- *I can hold a 2-minute conversation about a food tradition with a partner.*

Lead-in

Aisha's grandmother does not measure things. She measures by look, smell, and the angle of her wooden spoon. Aisha has tried to write down the recipe for the family rice three times. Each time, her grandmother has read the recipe and said, very gently, "This is wrong." When Aisha asked what was wrong, her grandmother said, "It says *one teaspoon of salt*. There is no teaspoon. There is only your hand."

Vocabulary

- to chop
- to slice
- to peel
- to boil
- to fry
- to bake
- to season
- to taste
- to stir
- to serve
- Quantifier
- some

Key points

- A recipe in English usually uses the **imperative**: base verb,
- For polite cooking talk: Could you pass the salt? Would you mind

Practise

- Is there _____ chicken in the fridge?
- We need _____ rice for tonight.
- There aren't _____ tomatoes left.
- There isn't _____ time before dinner.
- You should peel the potatoes first. → _____

Your turn

Pair speaking task — *Family Plate*. With your partner, take turns describing a dish that means something in your family. For each dish, the listener asks at least one *follow-up* question (*Who taught the cook? When was the first time you ate it?*).

Reflect

- I can read a short narrative about a family dish and explain what makes it meaningful beyond taste.
- I can use *some / any / much / many / a few / a little* correctly.
- I can give simple recipe instructions in English.