



Unit 5 — Daily Routines

Track E · Klasse 6 · Niveau E

Learning objectives

- *I can describe my morning, afternoon, and evening in detail.*
- *I can use the present simple with time expressions and sequence words.*
- *I can use object pronouns (me, him, her, us, them).*

Lead-in

Sam wakes up at 6:30. Brushes teeth. Lets the cat out. Eats two pieces of toast and three slices of cheese, in that exact order. Walks to school in less than twelve minutes. Lina wakes up at 7:00, runs out the door at 7:25, and arrives at school out of breath but before the bell. Sam still doesn't understand how. Lina says: *the bell is on my side*.

Vocabulary

- get up
- wake up
- brush my teeth
- get dressed
- have a shower
- have breakfast
- leave home
- take the bus
- start school
- have a break
- have lunch
- finish school

Key points

- Sequence: *first, then, after that, before, afterwards, finally.*

Practise

- Subject → object: I → ___ ; *he* → _ ; *we* → _ ; *they* → ___ .
- Sequence fill-in: ___ *I get up.* _ *I have breakfast.* ___ I leave home.
- Build 6 sentences about your morning routine using 5 different sequence words.

Your turn

Pair speaking — *Routine Swap (Niveau E)*. 90 sec each direction. Cover morning, school, evening + one sequence-word phrase per turn. Report back to a different pair using object pronouns.

Reflect

- I can describe my routine using 5 sequence words.
- I can use object pronouns correctly.
- I can report a partner's routine using *him/her*.